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Cardiac Arrhythmias and Their Management

Study Day For Clinical Nurses

Friday, 7th March 2008

This study day will review arrhythmias and their management. This day presumes a basic knowledge of ECGs. It will be ideal for those who have already attended the study day entitled; ECGs MADE EASY.

It is suitable for nurses who are involved in recording ECG's in either acute care situations or as part of routine assessment of persons prior to surgery or during regular health checks.

Aims and Objectives

At the completion of this study day the participants should be able to:

- Understand the electrophysiology of the heart
- Demonstrate a systematic approach to analysing cardiac rhythms on ECG tracings
- Identify common tachy- and brady-arrhythmias of the heart
- Discuss the causes and outline management of cardiac arrhythmias
- Outline the crisis management of life threatening arrhythmias which lead to cardiac arrest – including a review of new Australian Resuscitation Council (ARC) guidelines for basic life support (BLS) and use of automated defibrillators (AEDs).

Your facilitator for the this day is
Heather Schubert
Nurse Consultant and Educator

Registered Nurse & Midwife Heather has extensive experience and qualifications in acute care nursing and education including management roles in ICU and CCU. She currently works in independent practice and has conducted numerous courses and workshops in rural and metropolitan South Australia in relation to Acute Care Nursing and Basic/ Advanced Life Support. She is a Fellow of the Royal College of Nursing Australia and has been actively involved with the Australian College of Critical Care Nurses for many years.

Organised by Ausmed Conferences
Attendance at one of these study days earns you



5.25 CNE Points

as part of the Royal College of Nursing, Australia Lifelong Learning Program. This educational event has been endorsed by APEC No. 04083036 as authorised by Royal College of Nursing, Australia according to approved criteria. The College recommends that nurses should aim to achieve 30 CNE points per year.

Venue

**Nurses Memorial Centre,
Suite 11, 431 St Kilda Road,
Melbourne, Victoria.**

An electronic copy of this program can be found on-line at
www.ausmed.com.au



8.30 Registration and Refreshments on Arrival

9.00 Life Long Learning Program: *Royal College of Nursing, Australia*

9.10 Introduction and Needs Analysis

- What is the role of the registered nurse in regard to understanding arrhythmias and performing ECGs?

10.00 Morning Tea and Coffee



10.30 Understanding Basic Electrophysiology

This session will review basic cardiac electrophysiology.

11.30 Simplifying Arrhythmia Interpretation

- Learn an easy approach to identifying abnormal rhythms of the heart.
- Identify their origin and significance.
- Practice review to ensure you thoroughly understand the concepts.

12.30 Lunch Break

1.30 Tachy and Brady-arrhythmias

- What are the causes of these signs?
- What are the effects (symptoms) on the patient?
- Review of specific arrhythmias.
- A look at management options – drugs, defibrillation, pacing.

2.30 Afternoon Tea and Coffee



3.00 Questions and Practice of Arrhythmia Scenarios

- Review of rhythm strips – mixed arrhythmias
- Review of the registered nurses role in management of cardiac emergencies.

4.00 Close of Program and Evaluations

Registration

Venue: Nurses Memorial Centre, Suite 11 / 431 St Kilda Road, MELBOURNE.

We recommend public transport. Tram numbers 3, 5, 16, 64 and 67. Alight at Tram Stop 23.

Accommodation—contact Ausmed. (03) 9375 7311

Refunds and cancellation:

A standard handling charge of 10% is deducted from the registration fee upon written notification of cancellation. We regret no refund can be offered if notification occurs less than **two weeks** prior to the event.

To Register:

Fastest registration occurs online.

- **Online:** www.ausmed.com.au
- **Post :** Ausmed Conferences, PO Box 4086, Melbourne University, Parkville, Vic 3052.
- **Fax :** (03) 9375 7299
- **Tel:** (03) 9375 7311
- **Email:** ausmed@ausmed.com.au

To obtain a Tax Invoice prior to paying simply register online and click the invoice option. Registration includes lunch, refreshments and education notes.

Please register ___ person(s) for **\$200 plus GST = \$220**

Enclosed is a cheque or money order. Credit card (Mastercard or Visa). **Please add \$5 if paying by credit card to pay for bank costs.** My credit card number is:

.....
Please print name on card

.....
Expires /

Signature

ECG ARRHYTHMIAS AND THEIR MANAGEMENT MELBOURNE

Registration for this event to be held on Friday, 7th March in Melbourne..

Name:Position:

Workplace:

Address:Postcode.....

Telephone Fax:

Email:@.....

Do we have your permission to email information about our educational products? Yes _____ No _____