

# Spirituality *in* Nursing

**Study Day**

## Aims and Objectives

This program offers a forum for nurses to explore the nature of spirituality and their relationship to the provision of holistic health care.

At the end of this study day the participants should be able to:

- Demonstrate an understanding of fundamental aspects of spirituality and its meanings.
- Have insight into the relevance of spirituality as a therapeutic aspect of health care.
- Understand the influence of structured religious practice and ritual on spiritual development.
- Appreciate the need that some people may have for recognition of their spirituality when receiving care.
- Identify a broad range of spiritual concepts.
- Explore the influence that personal views may have on the spiritual aspect of nursing practice.
- Demonstrate an understanding of the role of spirituality in nursing care and how to address spiritual issues.
- Document spiritual care appropriately.

Your facilitator for this study day is:

## **Molly Carlile**

*RN, FRCNA, FAICD, AFCHSE, MAIPC, MACA*  
Molly is a registered nurse, counsellor and educator with considerable clinical and leadership experience.

She is a passionate and motivating speaker who inspires her audiences to critically reflect on their professional practice and find creative approaches to their ongoing personal and professional development.

## Organised by Ausmed Conferences

Attendance at this program earns you

## 5.25 CNE Points

as part of the Royal College of Nursing, Australia

Lifelong Learning Program.

This educational event has been endorsed by APEC No. 04083036

as authorised by Royal College of Nursing, Australia according to approved criteria.

The College recommends that nurses should aim to achieve 30 CNE points per year.



## Ausmed's New

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For details visit:  
[www.ausmed.com.au](http://www.ausmed.com.au)

**Date:** Friday, 7th March, 2008

**Venue:** Nurses Memorial Centre,  
Suite 11, 431 St Kilda Road,  
Melbourne, Victoria.

**Ausmed Conferences**  
**Enquiries: (03) 9375 7311**

An electronic copy of this program can be found online at:

[www.ausmed.com.au](http://www.ausmed.com.au)



8.30 Registration and enjoy a refreshing drink

9.00 Life Long Learning, *Royal College of Nursing, Australia*

9.10 **Reflection on the Role of Spirituality in Contemporary Society**

- \* Can spiritual aspects of care be defined?
- \* How does spirituality differ from structured religion?

9.45 **Personal Spirituality and Bias**

- \* How can the nurse prevent personal bias from influencing the spiritual aspect of care?
- This session will include an exploration of personal spiritual perspectives.

10.30 Morning Tea and Coffee

11.00 **Spirituality and Holistic Nursing Care**

- \* How does spirituality fit into an holistic model of care?
- \* What role does a nurse have in providing spiritual care?
- \* The dimensions and theology of caring
- \* Assessing spiritual needs of patients and families
- \* Documenting spiritual care.

12..30 Lunch Break and Time to Browse the Books

1.30 **Facilitating the Spiritual Needs of People When They are Vulnerable**

- \* Spiritual needs in acute and chronic illness
- \* Spiritual needs in dying and bereavement

3.00 Afternoon Tea and Coffee

3.30 **Personal Spiritual Self Care**

- \* Aligning personal beliefs in professional work environments
- \* The "spiritual bank account" and it's influence on professional resilience
- \* Life long learning and spiritual development



4.30 Close of Study Day and Evaluation

# To Register

**Venue: Nurses Memorial Centre,  
431 St Kilda Road,  
MELBOURNE.**

We recommend public transport. Tram numbers 3, 5, 16, 64 and 67. Alight at Tram Stop 23.

Accommodation—contact Ausmed.

**Refunds and cancellation:**

A standard handling charge of 10% is deducted from the registration fee upon written notification of cancellation. We regret no refund can be offered if notification occurs less than **two weeks** prior to the event.

To Register:

Fastest registration occurs online.

- **Online:** www.ausmed.com.au
- **Post :** Ausmed Conferences, PO Box 4086, Melbourne University, Parkville, Vic 3052.
- **Fax :** (03) 9375 7299
- **Tel:** (03) 9375 7311
- **Email:** ausmed@ausmed.com.au

To obtain a Tax Invoice prior to paying simply register online and click the invoice option. Registration includes lunch, refreshments and education notes.

Please register \_\_\_ person(s) for **\$200 plus GST = \$220**

Enclosed is a cheque or money order. Credit card (Mastercard or Visa). **Please add \$5 if paying by credit card to pay for bank costs.** My credit card number is:

.....  
Please print name on card

.....  
Expires /

Signature .....

**ABN: 33 107 354 441**

**REGISTRATION FORM—Spirituality in Nursing—Melbourne**

Registration for this event to be held on Friday, 7th March 2008.

Name: .....Position: .....

Workplace: .....

Address: .....Postcode.....

Telephone ..... Fax: .....

Email: .....@.....

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